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OMT Review 3rd Edition



Synopsis

A comprehensive review in osteopathic medicine

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Customer Reviews

A comprehensive review in osteopathic medicine

I use this book to study for OMT instead of nicholas, b/c let's be real no one reads nicholas or digiovana. With that said I recently took the NBOME OMT Shelf exam and scored above average on all categories save one, I only used this to study. Note that there is an error with cranial techniques with sidebending rotation, other than that the questions are solid and very good practice. If you actually go through this book and take the shelf you'll likely do better than I did, as when it comes to OMT I kind of lag behind the mean in my class. I HIGHLY recommend this book if you're taking the COMLEX, it's very good at clearing up multiple concepts including sacral, and cranial.

Review portion is CONCISE and CLEAR and TO THE POINT (unlike a LOT of OMM texts) and there are a BUNCH of questions in the back. A few questions are keyed incorrectly, so look that up when you get this book. Otherwise it's great!

Such a good book for OMT review. It's written in ENGLISH...not OMM language...

This book was phenomenal. When it came to understanding sacral torsions and gait dysfunctions. I

had the HARDEST time imagining and understanding what the heck was going on. When I started to read this, I understood it SO MUCH better. I also had a really hard time with ribs, this helped out tremendously. However, there are several disagreeable treatment methods in OMT, so make sure you double check with your OMM teacher and he/she will clarify things. When my teacher started realizing many of us were reading saveverse, she ended up clarifying the way she wanted us to practice OMT despite what saveverse said. This doesn't change the fact that this book helps tremendously in gaining an understanding. Use it throughout your 2 years and for boards!!

This reading is an absolute life saver for any osteopathic medical student cramming for the OMM shelf or the COMLEX. However, there are some minor errors that need to be addressed and the writers seem to deny that. Still, it's a must-buy for DO students.

Just can't overstate the usefulness of this book for both boards and review of OMT. Used for Level 1, 2, and plan to use for level 3 not to mention probably continue to reference in the future. Definitely recommend this book to others looking to do well on their board exams.

Does the job. Good enough to get you through the OMT sections of boards and the COMAT. You will need to study Chapman's reflexes independent of this guide b/c not enough time is devoted in relation to the degree to which they are tested.

good review for shelf and the boards

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